

Chosen Name and Pronouns

What are chosen names?

The name a person should be known as. May be different than their legal name.

What are pronouns?

Words used to refer to someone in place of their name.

Why is using the correct name and pronouns important?

It communicates respect.

It shows the person that they belong.

It allows you to properly connect.

How should I use these?

Use someone's chosen name if you know it - especially if different than legal name.

Use someone's correct pronouns if you know them when referring to them.

"Graham had that class and they probably still have the book."

"Ken said he loved that restaurant!"

If you don't know someone's pronouns, you may

- offer yours up first, ask and allow everyone to share theirs but not force it

"Hey, my name is Erica. I use she/her. How about you?"

- use gender neutral ones like they/them

- use their name

Apologize, correct yourself, and move on if you make a mistake. Practice correct pronouns for future interactions.

Common third person pronouns include:

He/Him

She/Her

They/them

*Please note that there are more pronouns than those listed above and that people may use multiple.

Questions? Contact:

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